



Emergency First Aid in the Workplace for the Appointed Person (HSE Recognised) One Day Course

Course Description

A minimum six-hour programme (one day) for those who wish to gain knowledge of emergency procedures and attain a recognised qualification in First Aid.

Course Aims

By the end of the course, candidates will be able to demonstrate the essential knowledge and skills needed with threatening emergencies in the workplace.

The Award

The course tutor will carry out an on-going assessment and successful students will receive a certificate recognised by the Health and Safety Executive - valid for a period of three years.

The Appointed Person

Where an employer's assessment for the First Aid needs identifies that a Four-day FAW qualification is not necessary, the minimum employers requirement is to appoint a person to take charge of the First Aid arrangements.

This includes looking after the equipment and facilities, and calling emergency services when required. Arrangements should be made for an Appointed Person to be available for these duties at all times when people are at work.

Note: Appointed Persons are not First Aiders and should not attempt to give First Aid for which they have not been trained,

SME Training & Consultants Ltd is able to offer on-site training to organisations, companies who want to take control of their First Aid needs. The course can deliver the One-Day course for up to 16 delegates, on a nationwide basis. It enables an organisation to choose the most convenient dates and times. Also, SME Training & Consultants Ltd is able to modify the content of the course according to your specific areas of risk.

Outline of the Course

- What is First Aid?
- First Aid in the Workplace
- Responsibilities of the Appointed Person
- Action at an Emergency
- Primary Assessment
- Secondary Assessment
- Breathing and Circulation
- Principles of Resuscitation
- Airway Obstruction
- Disorders of Circulation
- Bleeding